

Registration

Mail to: NSMF
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Web: www.nationalsportsmed.com

Cost before	(7/16/21)	After (7/16/21)
MDs, Dos	\$100.00	\$125.00
PTs, PA-C, NP	\$75.00	\$100.00
ATs	\$55.00	\$75.00
Others: OT, SC	\$40.00	\$60.00

Name: _____
Credentials: _____
Employer: _____
Specialty: _____
Employer Address: _____
City, State, Zip: _____
Email: _____
Would you like to be on our priority mailing list? Y N
Home/Cell: _____

Please make checks payable to: NSMF

Refund Policy

All cancellations must be received in writing by July 23, 2021. Refunds, minus a \$15.00 processing fee will be issued in writing prior to July 23, 2021. No refund will be issued if notification is received after July 23, 2021. NSMF reserves the right to cancel this conference, in which case a full refund of the registration /exhibit fees will be provided. Inclement Weather Policy: Refunds will only be given if course is cancelled. We are unable to refund any travel costs (flights, hotels, etc.).

COVID Policy: *Current CDC guidelines are being followed for in-person setting. Masks may be required when attending.*

National Sports Medicine Foundation is an independent, tax-exempt (501 c-3) charitable organization established to enrich the quality of practice in the field of sports medicine and orthopaedics through education, research, research, technology, and service.

Annual Sports Medicine Conference

Anticipate, Prepare, Perform



July 30, 2021
7:30am-5pm
Shenandoah University-
Loudoun Campus



Welcome

Course Overview

This comprehensive Sports Medicine course provides in-depth, multi-disciplinary approach to recognize and respond appropriately to prevention and care of athletic injuries. The course covers topics related to traditional on field management of sports-related injuries to specialty certification knowledge.

Learning Objectives: Upon completion of this activity, participants will be able to:

- Discuss key components to an Emergency Action Plan (EAP) and updated strategies to prepare EAPs.
- Review relevant anatomy, injury, and treatment strategies for acute fractures, dislocations, and subluxations
- Examine and review Principles of Emergency Care
- Describe the clinical presentation of Female Triad with emphasis on recognition, prevention, and treatment
- Describe current concussion assessment and rehabilitation tools
- Review basic review of diagnostic imaging studies for most commonly injured joints
- Describe contemporary sports medicine topics and current research efforts directed at NSMF and the National Sports Medicine Institute.

Target Audience:

*Healthcare Professional caring for Athletes
*Athletic Trainers *Physician Assistants *Physicians *Nurses
*Physical Therapist *Orthopaedic Technologists *Emergency Medical Personnel

Instructional Level: Essential and Advanced with a lecture and lab

Domains: Injury and Illness Prevention and Wellness Promotion, Immediate and Emergency Care, Examination, Assessment and Diagnosis, Therapeutic Intervention

Accreditation/Continuing Education

This course has been submitted to the follow accrediting boards: BOC, APTA, and OTC, NASM, and ANCC. A completed evaluation is required to receive a certificate for attending this activity.

Event Schedule

MORNING

- 7:30 a.m. Registration/Continental Breakfast
- 8:00 a.m. Welcome/Introductions
- 8:15 a.m. RED-S/Female Triad- *Leah Kujawski DNP, FNP-BC*
- 8:45am AT Resident Research Presentation – *Nicole Shapiro, MS, LAT ATC, OTC[#]*
- 9:00 a.m. Orthopaedic Imaging- *Timothy S. Johnson, MD*
- 10:15a.m. AT Resident Research Presentation – *Erica Allen, MS, LAT ATC, OTC[#]*
- 10:30a.m. Acute Management of Fractures, Dislocations, and Subluxations- *David C. Johnson, MD*
- 11:30 a.m. Sports Science: A Tool to Prevention- *Darryl Copley CSCS, USAW*

LUNCH (Sponsors)

AFTERNOON

- 12:30 p.m. Concussion Boot Camp- *INOVA Sports Medicine Concussion Program- Melissa Womble, PhD/Brett Gustman, MS LAT ATC*
- 1:30 p.m. EAP & Triage Management Update- *Darryl Conway, MA ATC[#]*
- 3:30 p.m. Labs led by INOVA Head to Head, Rickie Atkins, Darryl Copley- (*Concussion, Heat Illness with rectal thermometry, Spine Boarding*)
- 5:00 p.m. **CLOSING**
- 6 p.m.-8 p.m. SOCIAL- location TBD

*EBP will be offered under Provider #8320-2000

[#]Speaker will not present for NSMI CEUs.

Disclosure

This program is pending approval by the BOC and APTA for 4.5 CE contact hours. This course is supported in part by educational and industry grants.