

# NSMF Sports Medicine Conference 2015

## Course Overview

This course is designed to present advanced instruction for the management of upper and lower extremity sports injuries using an evidence-based approach. This course will highlight the psychology of the injured athlete and rehabilitation approaches to return to play.

## Educational Learning Objectives:

After attending this course, participants should be able to

- Understand the anatomy, etiology, and treatments of upper and lower extremity sport injuries
- Explore the principles of biomechanics and pathophysiology as they relate to injury
- Learn a thorough and comprehensive approach to psychological assessment and treatment of the injured athlete
- Apply and implement evidence-based framework into practice
- Demonstrate understanding and performance of evaluation and management of upper and lower extremity sport injuries

## Target Audience

- \*Physician Assistants
- \*Athletic Trainers
- \*Orthopaedic Nurses
- \*Physicians
- \*Physical Therapist
- \*Orthopaedic Technologists
- \*Strength/Conditioning Specialists

## Accreditation/Continuing Education

This course has been submitted to the following accrediting boards: BOC, APTA, OTC, NASM, ANCC. Certificates of attendance with the number of course hours will be given to each participant at the completion of the course.

## Disclosure

This course is supported, in part by educational grants.

## Questions/Concerns/Grievances

Please direct all to Zahra Ismaeli at [zismaeli@nationalsportsmed.com](mailto:zismaeli@nationalsportsmed.com)  
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## About NSMF



The National Sports Medicine Foundation is an independent, tax-exempt 501 c(3) charitable organization. Established in 2013 to enrich the quality of practice in the field of sports medicine and orthopaedics through education, research, technology, and service.

## Conference Agenda

Time	Event	Presenter/s
8:00am-8:15am	Check-in/Continental Breakfast	Staff
8:15am-8:30am	Welcome/Introductions	Dr. David Johnson/Ken Wright
8:30am-9:10am	Management of In-season Shoulder Instability	Timothy S. Johnson, MD
9:10am-9:50am	Tendon Ruptures of the Lower Extremity	David C. Johnson, MD
9:50am-10:00am	Medical Students Summer Research Project	Morehouse School of Medicine
10:00am-10:40am	Recognition & Treatment of Lower Back Injuries	Cole Powell AT/Jeff Farnsworth, DPT
10:40am-11:20am	Traumatic Knee Injuries from the Field to Operating Room	Jonathan Bernard, MD
11:20am-12:00pm	Recognition & Management of hand/wrist injuries	Nathan Coleman, MD
12:00pm-12:30pm	The Uninsured Athlete: Bridging the gap to Bridging to Health care	Shannon Nicholson, DNP, FNP-BC
12:30pm-1:30pm	<b>LUNCH</b>	
1:30pm-2:30pm	<b>Psychology of the Injured Athlete</b>	<b>Guest Speaker: Arain Machin, PhD</b>
2:30pm-3:30pm	Casting and Splinting Workshop	NMSI Staff
3:30pm-4:00pm	Roundtable Discussion: Psychological Treatment of the Injured Athlete	Panelists
4:00pm-4:15pm	<i>Closing Remarks/Evaluations/Adjourn</i>	

### Registration Fees:

\$100.00	Physicians
\$75.00	Physician Assistants, Physical Therapists, Nurse Practitioners
\$55.00	Athletic Trainers
\$40.00	Orthopaedic Technologists/Strengthen Conditioning

### Refund Policy

All cancellations must be received in writing by July 22, 2016. Refunds, minus a \$15.00 processing fee will be issued in writing prior to July 24, 2015. No refund will be issued if notification is received after July 22, 2016. NSMF reserves the right to cancel this conference, in which case a full refund of the registration/exhibit fees will be provided. Inclément Weather Policy: Refunds will only be given if course is cancelled. We are unable to refund any travel costs (flights, hotels, etc.).

### Recording and Photography Clause

NSMF reserves the right to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations, and course content sales.