



# National Sports Medicine Foundation Annual Sports Medicine Conference

<b>TIME</b>	<b>EVENT</b>	<b>PRESENTER/S</b>
<b>8:00am</b>	<b>Check-in/Continental Breakfast</b>	<b>Staff</b>
<b>8:15am</b>	<b>Welcome/Introductions</b>	<b>Staff</b>
<b>8:30am</b>	<b>Evaluation and Treatment of the Overhead Athlete (conservative and surgical management)</b>	<b>Timothy S. Johnson, MD Orthopaedic Surgeon/NSMI</b>  <b>Jeffrey Farnsworth, DPT Physical Therapy/NSMI</b>
<b>9:30am</b>	<b>The Role of Therapeutic Modalities for surgery, recovery, and rehabilitation</b>	<b>Jonathan A. Bernard, MD Orthopaedic Surgeon/NSMI</b>
<b>10:30am</b>	<b>Medical Student Presentation</b>	<b>Nia James BS 2<sup>nd</sup> Yr Medical Student/Medical University of Pittsburgh Medical School /Nth Dimensions</b>
<b>11:0am</b>	<b>Patella Instability (conservative and surgical management)</b>	<b>David C. Johnson, MD Orthopaedic Surgeon/NSMI</b>
	<b>Medical Student Presentation</b>	<b>Angelina Iyinbor, BS 2<sup>nd</sup> Yr Medical Student/University of Southwestern Medical Center /Nth Dimensions</b>
	<b>Strength and Conditioning Principles: Strength and Developing Programs for teams</b>	<b>Daryl Copley, CSCS Sports Performance Specialists/NSMI Sports Science</b>  <b>Joe Posey Athlete Development/ NSMI Sports Science</b>
<b>12:00pm</b>	<b>LUNCH (photo)</b>	
	<b>The Mind of An Athlete (Guest Speaker)</b>	<b>Keith Kaufman, PhD Clinical Psychologist/ Keith A. Kaufman, PhD, PLLC</b>
<b>12:30pm</b>	<b>Student Presentation</b>	<b>Breanna Sullivan 4<sup>th</sup> Yr Undergrad Student/Coker College/Nth Dimensions</b>
<b>1:30pm</b>	<b>Nutrition for the Athlete (Guest Speaker)</b>	<b>Stephanie Mull, RD, CSSD, CSCS Registered Dietician/The Miller Method</b>
<b>1:40pm</b>	<b>Posture Control and Yoga for Athletes (Guest Speaker)</b>	<b>Kathleen Thomas, AT PhD Associate Professor/Norfolk State University</b>
<b>2:40pm</b>	<b>Lab: Yoga/ Strength &amp; Conditioning Principles (15min) Lab: Rectal Thermometry (30min)</b>	<b>Presenters</b>
<b>4:30pm</b>	<b>Roundtable Discussion: Exertion Heat Illness (if time permits)</b>	<b>Panel of Sports Medicine Healthcare Providers</b>
<b>5:00pm</b>	<b>Closing Remarks/Evaluations/Adjournment</b>	

**Registration Fees:**

\$100.00	Physicians	\$75.00	Physicians Assistants, Physical Therapist, Nurse Practitioner
\$55.00	Athletic Trainer	\$40.00	Orthopaedic Technologists/Strengthening Conditioning

**Refund Policy**

All cancellations must be received in writing by July 23, 2018. Refunds, minus a \$15.00 processing fee will be issued prior to July 27, 2018. No refund will be issued if notification is received after July 23, 2018. NSMF reserves the right to cancel this conference, in which case a full refund of the registration/exhibit fees will be provided. Inclement Weather Policy: Refunds will only be given if course is cancelled. We are unable to refund any travel costs (flights, hotels, etc.)

**Recording and Photography Clause:**

NSMF reserves the right to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations, and course content sales.

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