

The National Sports Medicine Foundation

19455 Deerfield Avenue, Suite 306 Lansdowne, Virginia 20176 Tel: 703-729-5010

Fax: 703-729-5833

http://www.nationalsportsmed.com/

Dear Partners and Friends,

The National Sports Medicine Foundation (NSMF) invites you to join us for our annual ATC Sports Medicine Conference to be held all day Friday, August 2, 2019 and the morning of Saturday, August 3, 2019 at Shenandoah University, Loudoun Campus.

The purpose of this conference is to provide continuing education to sports medicine and orthopaedic professionals on current and innovative sports medicine concepts, and foster discussions and relationships with other members of the medical community on topics related to sports medicine.

This conference also will provide the opportunity to receive up to seven EBP credits.

At our previous conferences, we were able to provide educational resources to Loudoun and Fairfax County athletic trainers. This year, we are going to expand this conference to a larger community and encourage networking and sharing best practices.

Please consider joining us for our seventh annual NSMF ATC Sports Medicine Conference. Registration and conference schedule are enclosed.

Sincerely,

**Timothy S. Johnson, MD**Dir., National Sports Medicine Foundation

**David C. Johnson, MD**Pres., National Sports Medicine Institute

National Sports Medicine Foundation • 19455 Deerfield Avenue, Suite 306, Lansdowne, VA 20176 • 703-729-5010 (P)

# "Anticipate, Prepare, Perform"

## 2019 National Sports Medicine Foundation Annual Sports Medicine Conference

TIME	EVENT	PRESENTER/S
	FRIDAY, AUG	TICT AND
7:30am	Registration/Continental Breakfast	Staff
8:00am	Vendor	Staff
8:15am	Welcome/Introductions/ Role of ATs in Ortho Office	Timothy S. Johnson, MD Orthopaedic Surgeon National Sports Medicine Institute
8:45am	EAP & Triage Management-EBP	Edward Strapp, TP-C/FP-C, NRP,ATC Trooper/Flight Paramedic Rotational Athletic Trainer
9:30am	Opioids- EBP	Darryl Conway, MA, AT, ATC Senior Associate Athletic Director University of Michigan Athletic Department
11:00am	BREAK- Vendor	
11:15am	Psychological Strategies for RTP	Craig James, LCSW, LSATP, MAC Owner & Director of Operations Insight Into Action
11:45am	AT Cares	Kim Pritchard, PhD, LAT, ATC Associate Professor, Division of Athletic Training Shenandoah University
12:00pm	LUNCH	
12:30pm	Vendors	
L:00pm	Concussion Rehab	Patricia M. Kelshaw, ABD, LAT, ATC Doctoral Student in Exercise, Fitness and Health Promotion George Mason University
1:30pm	ACL rehab to RTP	Sheena Long, PT, DPT, ATC Clinic Manager Athletico Physical Therapy
2:00pm	Beyond Direct Pressure: Evidence- Based Practice for Shock and Advance Wound Care-EBP	Darryl Conway, MA, AT, ATC Senior Associate Athletic Director University of Michigan Athletic Department
3:00pm	Heat Illness- EBP	Darryl Conway, MA, AT, ATC Senior Associate Athletic Director University of Michigan Athletic Department
3:30pm	LAB A: Blood Flow Restriction LAB B: Heat Illness/Rectal Thermometry LAB C: Bleeding Presentation	Presenters
5:15pm	Closing Remarks/Evaluations/Adjournment	
6pm-8pm	SOCIAL	

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### 2019 National Sports Medicine Foundation Annual Sports Medicine Conference

SATURDAY, AUGUST 3rd			
8:00am- 1:00pm	Cervical Spine -EBP	Darryl Conway, MA, AT, ATC Senior Associate Athletic Director Student-Athlete Health & Welfare University of Michigan Athletic Department	

Refund Policy: All cancellations must be received in writing by July 29, 2019. Refunds, minus a \$15.00 processing fee will be issued prior to August 2, 2019. No refund will be issued if notification is received after July 29, 2019. NSMF reserves the right to cancel this conference, in which case a full refund of the registration fee/partnership/exhibit fees will be provided. Inclement weather policy: Refunds will only be given if conference is cancelled. We are unable to refund any travel costs (flights, hotels, mileage etc.).

Schedule, agenda and speakers could change without notice. All changes to programming will be posted on our digital channels including but not limited to social channels, website and any conference registration pages.

Recording and Media Clause: NSMF/NSMI reserves the right to record audio and video and use all photography and media in digital and print marketing, presentations and course content sales.



#### **Full Time LCPS ATC Registration**

To register for the conference, <a href="https://loudounatcsportsconference.eventbrite.com">https://loudounatcsportsconference.eventbrite.com</a>

#### Friday, August 2, 2019 7am to 5pm, Shenandoah University

Loudoun Campus with reception at Top Golf 6pm to 8pm Breakfast and lunch will be provided

#### Saturday, August 3, 2019 8am to 1pm, Shenandoah University

Breakfast will be provided

#### For Athletic Trainers in Loudoun County:

For Full Time ATCs – conference will be paid for by LCPS but you MUST register. Part Time – \$25 for one day (Friday), \$45 for both days – contact Zahra to arrange payment

Use code LCPSATC19 as the password to get into the Loudoun only site

If you have any questions or problems with registration, or need to send a check, please contact:

Dr. Zahra Ismaeli at <u>zismaeli@nationalsportsmed.com</u> or 703-729-5010 OR Carolyn Dobson at <u>cdobson@nationalsportsmed.com</u> or 703-729-5010