

DAVID CHARLES JOHNSON, MD

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- Biographical** Date of Birth 07/05/69 Rockville Centre, NY
- Professional Experience**
- 2006 – 2009 **The National Sports Medicine Institute**
Lansdowne, Virginia
Founder/President - Orthopedic Surgeon – Sports Medicine specialist
- 2002 - 2007 **Mount Vernon Orthopedic, Surgical, and Podiatry Associates**
Alexandria, Virginia
Orthopedic Surgeon - Sports Medicine
- Professional Training:**
- 2001 – 2002 **Steadman Hawkins Clinic, Vail, CO**
Sports Medicine Fellow
- 1997 - 2001 **Hospital For Special Surgery, New York, NY**
Orthopaedic Surgery Resident
- 1996 - 1997 **University of Maryland Medical System, Baltimore, MD**
J.A. Cowley Maryland Shock Trauma Center
General Surgery Intern
- Education:**
- 1991 – 1996 **University of Virginia, School of Medicine, Charlottesville, VA**
Doctor of Medicine
- 1987 – 1991 **University of Virginia, Charlottesville, VA**
Bachelor of Arts - Psychology
- Accreditation:**
- 2001/2004 **American Board of Orthopaedic Surgery**
- 1998 **AO/ASIF Principles of Fracture Management**
- 1997 - 2001 **New York State Medical License**
- 2001 – 2002 **Colorado State Medical License**
- 2002 – Present **Virginia State Medical License**
- Selected Honors:**
- 2008 Washingtonian Top Doctor – Rated among physician peers in Washington D.C.
an surrounding metropolitan community - Orthopaedic Surgery/ Sports Medicine

- 2005 America's Best and Brightest under 40 – Black Enterprise Magazine - December 2005
- 2003 America's Best and Brightest under 40 – Black Enterprise Magazine - December 2003
- 1996 Moses Kwamena Woode Teaching Award
- 1995 University of Virginia Children's Medical Center Research Award
- 1994 National Institute of Rehabilitation Research Fellowship
- 1993 President, Student National Medical Association UVA
- 1991-1996 Merit Scholarship, University of Virginia, School of Medicine
- 1992-1995 Certificate of Honor - Medical Academic Advancement Program
- 1991 Residence Life Award: Extraordinary Service to the Residence Life Program

Professional Appointments:

- 2007- Present Team Physician
Public School Athletic League – Broad Run High School
Heritage High School
Stone Bridge High School
Dominion High School
- 2005 – 2007 Team Physician Single-A Professional Baseball
Washington Nationals /Potomac Nationals
- 2002 - 2007 Team Physician
Public School Athletic League – Mount Vernon High School
T.C. Williams High School
Wakefield High School
West Potomac High School
- 2002 – present INOVA Sports Medicine Development Task Force
- 2002 – 2005 Team Physician
Cincinnati Reds / Potomac Cannons
- 2001 - 2002 Fellow Team Physician
United States Ski Team

2001 - 2002	Fellow Team Physician National Football League, Denver Broncos
2001 - 2002	Fellow Team Physician Major League Baseball, Colorado Rockies
2001 – 2002	Orthopaedic Surgeon Vail Valley Medical Center, Vail, CO
1995- 2001	Consultant Ministry of Health, Republic of Cape Verde
2000 – 2001	Chief Resident Hospital for Special Surgery, New York, NY
1997 – 2001	Orthopaedic Surgery Resident Hospital for Special Surgery, New York, NY
1997 – 2001	Orthopaedic Trauma Service New York – Presbyterian Hospital, New York, NY
1997 – 2001	Orthopaedic Oncology Memorial Sloan Kettering Cancer Center
1997 – 2001	Orthopaedic Surgery Veterans Administration Hospital, Bronx, NY
1997 – 2001	Orthopaedic Surgery New York Hospital of Queens, Flushing, NY
1997 – 2001	New York Mets Stadium Physician Shea Stadium, Flushing, NY
1997-2001	Physician Public School Athletic League, New York, NY

Professional Memberships:

American Academy of Orthopaedic Surgeons
Hawkins Sports, Shoulder and Elbow Society
Virginia Orthopaedic Society
Medical Society of Virginia
J. Robert Gladden Society

Personal:

married 10/97, 2 children, enjoy athletic cross-training, travel, developing world medicine, family

**Scientific
Presentations:**

Knee and hip outcome measures for a sports medicine practice: A literature review, National Medical Association July 2009

Outcome Assessment for Shoulder and Elbow Treatment in a Sports Medicine Practice: National Medical Association July 2009

Anterior superior technique for intra-articular injection of the glenohumeral joint: An arthroscopic study. American Academy of orthopedic surgeons March 2009

Elbow injuries in the Throwing Athlete, INOVA Spring Sports Medicine Symposium, June 2009

Hip Arthroscopy in Athletes Spectrum of Disease, Physiotherapy Associates Sports Medicine Symposium, November 2007

Diagnosis and Management of Elbow Injuries in the Throwing Athlete, Maryland Athletic Trainers Association, June 2007

Elbow Arthroscopy - Diagnosis and Management of Cartilage and Ligament Injuries in the Throwing Athlete, Virginia Society of Radiology Technicians, September 2006

Microfracture Technique and Rehabilitation for Articular Cartilage Injury, Virginia Society of Radiology Technicians Meeting June 2005

Ulnar Collateral ligament Reconstruction in the Throwing Athlete, INOVA Spring Sports Medicine Symposium, March 2006
Arthroscopic Management of Shoulder Impingement, Rotator Cuff Disease and Biceps Tendon Disorders, Inova Sports Medicine Grand Rounds April 2003

Comparison of Single Incision versus Double incision Technique for Repair of Distal Biceps Tendon Rupture, American Academy of Orthopedic Surgeons Specialty Day Feb 2003

Microfracture Technique and Rehabilitation for Articular Cartilage Injury of the Knee, National Athletic Trainer Association Meeting May 2002

Management of Infected Prostheses Following Major Resections for Malignant Tumors About the Knee American Academy of Orthopaedic Surgeons 67th Annual Meeting, March 2000

The National History of Gait in Childhood and Adolescent Cerebral Palsy
The 48th Annual Meeting of the Virginia Orthopaedic Society, 1995

Publications: Comparison of 1 Incision vs 2 Incision Technique for Repair of Acute Distal Biceps Tendon Ruptures. T.S. Johnson, **DC Johnson**, J Cavanaugh, A Weiland, A Allen — Journal of Hospital for Special Surgery August 2008

HyperConcavity of the Lumbar Endplates in Elite NFL Linemen, Mooreman T, **Johnson D**, Speer K –American Orthopedic Society for Sports Medicine September 2004

Johnson, David C., Damiano, Diane L., Abel, Mark F.” “The Evolution of Gait in Childhood and Adolescent Cerebral Palsy” *Journal of Pediatric Orthopaedics* 1997 17(3): 392-396

Book Chapters: **Johnson, DC**, Allen, AA,: Biceps and Triceps Tendon Injury, in Altchek D and Andrews J (ed) *The Athlete’s Elbow* Lippincott Williams & Wilkens, (2000).

Ongoing Research: Anterior Superior Technique for Intra-articular Injection of the Glenohumeral joint: An Arthroscopic Study.

Multicentered ACL revision Study (MARS) American Orthopedic Society for Sports Medicine

A Reliable, Valid and Responsive Shoulder and Elbow Outcome Score for Athletic Injuries and Treatment.