

DAVID CHARLES JOHNSON, MD

19455 Deerfield Ave, Suite 312
Lansdowne, VA 20176
(703) 729-5010
<http://nationalsportsmed.com>

Professional Experience	2006-Present	The National Sports Medicine Institute Lansdowne, Virginia Founder/President-Orthopaedic Surgeon-Sports Medicine Specialist
	2002-2007	Mount Vernon Orthopaedic, Surgical, and Podiatry Associates Alexandria, Virginia Orthopaedic Surgeon-Sports Medicine
Professional Training	2001-2002	Steadman Hawkins Clinic , Vail, CO Sports Medicine Fellowship
	1997-2001	Hospital For Special Surgery , New York, NY Orthopaedic Surgery Resident
	1996-1997	University of Maryland Medical System , Baltimore, MD J.A. Cowley Maryland Shock Trauma Center General Surgery Intern
Education	1991-1996	University of Virginia, School of Medicine , Charlottesville, VA Doctor of Medicine
	1987-1991	University of Virginia , Charlottesville, Virginia Bachelor of Arts-Psychology
Accreditation	2001/2004	American Board of Orthopaedic Surgery
	2002-Present	Virginia State Medical License
	2001-2002	Colorado State Medical License
	1997-2001	New York State Medical License
	1998	AO/ASIF Principles of Fracture Management

Selected Honors:

- 2014 O'Donoghue Award-Revision Anterior Cruciate Ligament Reconstruction Graft Choice Impact on Outcome in the MARS Cohort, AOSSM Meeting, Seattle, Washington
- 2010 Washingtonian Top Doctor- Rated among physician peers in Washington D.C. and surrounding metropolitan community-Orthopaedic Surgery/Sports Medicine

- 2008 Washingtonian Top Doctor- Rated among physician peers in Washington D.C. and surrounding metropolitan community-Orthopaedic Surgery/Sports Medicine
- 2005 America's Best and Brightest under 40- Black Enterprise Magazine- December 2005
- 2003 America's Best and Brightest under 40- Black Enterprise Magazine-December 2003
- 1996 Moses Kwamena Woode Teaching Award
- 1995 University of Virginia Children's Medical Center Research Award
- 1994 National Institute of Rehabilitation Research Fellowship
- 1993 President, Student National Medical Association UVA
- 1991-1996 Merit Scholarship, University of Virginia, School of Medicine
- 1992-1995 Certificate of Honor- Medical Academic Advancement Program
- 1991 Residence Life Award: Extraordinary Service to the Resident Life Program

**Professional
Appointments**

2011 Team Physician- Single A Professional Baseball
Baltimore Orioles/Frederick Keys

2007-Present Team Physician
Loudoun Public School Athletic League- Broad Run High School
John Champe High School
Dominion High School
Heritage High School
Rock Ridge High School
Stone Bridge High School
Tuscarora High School
Wood Grove High School

2005-2007 Team Physician-Single A Professional Baseball
Washington Nationals/Potomac Nationals

2002-2007 Team Physician
Fairfax Public School Athletic League- Mount Vernon High School
T.C. Williams High School
Wakefield High School
West Potomac High School

2002-Present INOVA Sports Medicine Development Task Force

2002-2005 Team Physician
Cincinnati Reds/Potomac Cannons

2001-2002 Fellow Team Physician

	United States Ski Team
2001-2002	Fellow Team Physician National Football League, Denver Broncos
2001-2002	Fellow Team Physician Major League Baseball, Colorado Rockies
2001-2002	Orthopaedic Surgeon Vail Valley Medical Center, Vail, CO
2000-2001	Chief Resident Hospital for Special Surgery, New York, NY
1995-2001	Consultant Resident Ministry of Health, Republic of Cape Verde
1997-2001	Orthopaedic Surgery Resident Hospital for Special Surgery, New York, NY
1997-2001	Orthopaedic Trauma Service New York Presbyterian Hospital, New York, NY
1997-2001	Orthopaedic Oncology Memorial Sloan Kettering Cancer Center, New York, NY
1997-2001	Orthopaedic Surgery Veterans Administration Hospital, Bronx, NY
1997-2001	Orthopaedic Surgery New York Hospital of Queens, Flushing, NY
1997-2001	New York Mets Stadium Physician Shea Stadium, Flushing, NY
1997-2001	Physician Public School Athletic League, New York, NY

**Professional
Memberships**

America Academy of Orthopaedic Surgeons
Hawkins Sports, Shoulder and Elbow Society
Virginia Orthopaedic Society
J. Robert Gladden Society

Personal

Married 10/97, 2 children, enjoy athletic cross-training, travel, developing world medicine, family

Scientific Presentations

- 2014 Femoracetabular Impingement and Labral Injuries in developing high school athletes. Second Annual National Sports Medicine Foundation Athletic Trainers Seminar, Lansdowne, Virginia
- 2014 Traumatic Shoulder Instability. INOVA Youth Sports Safety and Health Expo. Fairfax, Virginia
- 2013 Articular Cartilage Lesions in the Throwers Shoulder. Professional Baseball Athletic Trainers Baseball Medicine Conference, Baltimore, Maryland
- 2012 Associate Master Instructor of Arthroscopy: Fundamentals of Arthroscopy Residents Course Arthroscopy Association of North America Rosemont Illinois
- 2011 Associate Master Instructor of Arthroscopy: Fundamentals of Arthroscopy Residents Course Arthroscopy Association of North America Rosemont Illinois
- 2010 Implementation of Outcome Scores within an EMR of a Private Practice, National Medical Association
- 2009 Knee and hip outcomes measures for a sports medicine practice: a literature review, National Medical Association
- 2009 Outcome Assessment for Shoulder and Elbow Treatment in a Sports Medicine Practice: National Medical Association
- 2009 Anterior superior technique for intra-articular injection of the glenohumeral joint: An arthroscopic study. American Academy of Orthopaedic Surgeons
- 2009 Elbow Injuries in the Throwing Athlete, INOVA Spring Sports Medicine Symposium
- 2008 Associate Master Instructor of Arthroscopy: Fundamentals of Arthroscopy Residents Course Arthroscopy Association of North America Rosemont, Illinois
- 2007 Hip Arthroscopy in Athletes Spectrum of Disease, Physiotherapy Associates Sports Medicine Symposium
- 2007 Diagnosis and Management of Elbow Injuries in Throwing Athletes. Maryland Athletic Trainers Association

2006 Elbow Arthroscopy-Diagnosis and Management of Cartilage and Ligament Injuries in the Throwing Athlete. Virginia Society of Radiology Technicians

2005 Microfracture Technique and Rehabilitation for Articular Cartilage Injury. Virginia Society of Radiology Technicians Meeting

Peer-Reviewed Publications:

1. Porter PA, Ismaeli ZC, Renehan E, **Johnson DC**, Johnson TS. Osteochondroma of the scapula: an unusual case of unilateral scapular winging in an overhead athlete (case report). *Sports Health 2015 in review*
2. The MARS Group. Osteoarthritis Classification Scales: Interobserver Reliability and Arthroscopic Correlation. *J Bone Joint Surg Am.* 2014; 96-A (14): 1145-51.
3. Johnson TS, DiPompeo CM, Ismaeli ZC, Porter PA, Nicholson SL, **Johnson DC**. Recycling suture limbs from knotless suture anchors for arthroscopic shoulder stabilizations. *Arthrosc Tech.* 2014; 3(3): 3361-365. PMID: 25126504
4. Brophy RH, Wright RW, David TS, McCormack RG, Sekiya JK, Svoboda SJ, Huston LJ, Haas AK, Steger-May K; Multicenter ACL Revision Study (MARS) Group. Association between Previous Meniscal Surgery and the Incidence of Chondral Lesions at Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med.* 2012; 40(4): 808-814. PMID: 22374942
5. Gunning S, Ambegaonkar JP, Caswell AM, Porter PA, Johnson TS, **Johnson DC**, Caswell SV. (2012) Tibial Eminence Fracture in a Youth Football Player. *Int J Athl Ther Train.* 2012; 17(2):16-20. PMID: 22543471
6. Borchers JR, Kaeding CC, Pedroza AD, Huston LJ, Spindler KP, Wright RW; MOON Consortium and the MARS Group. Intra-articular findings in Primary and Revision Anterior Cruciate Ligament Reconstruction Surgery: a Comparison of the MOON and MARS Study Groups. *Am J Sports Med.* 2011; 39(9): 1889-1893. PMID: 21646434
7. Johnson TS, Mesfin A, Farmer KW, McGuigan LA, Alamo IG, Jones LC, **Johnson DC**. Accuracy of Intra-articular Glenohumeral Injections: a New Anterosuperior Technique with Arthroscopic Documentation. *Arthroscopy.* 2011; 27(6): 745-749. PMID: 21624668
8. MARS Group, Wright RW, Huston LJ, Spindler KP, Dunn WR, Haas AK, Allen CR, Cooper DE, DeBerardino TM, Lantz BB, Mann BJ, Stuart MJ. Descriptive Epidemiology of the Multicenter ACL Revision Study (MARS) Cohort. *Am J Sports Med.* 2010; 38(10): 1979-1986. PMID: 20889962
9. Johnson TS, **Johnson DC**, Shindle MK, Allen AA, Weiland AJ, Cavanaugh J, Noonan D, Lyman S. One-versus Two-incision Repair for Distal Biceps Tendon Repair. *HSS J.* 2008; 4(2): 117-122. PMID: 18815854

10. Spindler KP. The Multicenter ACL Revision Study (MARS): a Prospective Longitudinal Cohort to Define Outcomes and Independent Predictors of Outcomes for Revision Anterior Cruciate Ligament Reconstruction. *J Knee Surg.* 2007; 20(4): 303-307. PMID: 17993074
11. **Johnson DC**, Damiano DL, Abel MF. The Evolution of Gait in Childhood and Adolescent Cerebral Palsy. *J Pediatr Orthop.* 1997; 17(3): 392-396. PMID: 9150031